



For anxious patients

It's not fun having to live with dental anxiety. It's a very common fear, one of the most prevalent anxiety disorders in Australia. There is even some evidence that dental fear is increasing.

Patients with dental anxiety are more likely to put off getting dental check-ups and may only visit a dentist when their oral health has taken a turn for the worse. By this point, necessary treatment may be complex and expensive, possibly adding to the person's trauma.

We hate the thought of anyone going without the health care they need or delaying their treatment until they experience a great deal of discomfort.

Fortunately, at Richmond Road Dental, we can do much to assist fearful patients and help them rediscover the benefits of regular, gentle dental care.

Gently does it

At Richmond Road Dental, our gentle dentists will never rush or judge our patients. We take the time to get to know each person and to learn about their concerns and needs.

Our entire team understands how important it is to make your time with us as calm and pleasant as possible, especially for people who are nervous.

The dental wand for gentle anaesthesia

Where a needle phobia exists, the dental wand may help. This computerised anaesthetic delivery system slowly delivers small doses of anaesthetic, making the experience more comfortable.

Happy gas sedation to help you relax

Patients who find it hard to relax in the dental chair may appreciate the availability of nitrous oxide sedation, commonly called happy gas.

When breathed in through a nosepiece, this combination of nitrous oxide and oxygen promotes a feeling of calm and relaxation. Sedation isn't suitable for everyone; our dentists can advise whether it is right for you.

We don't offer any treatment under conscious sedation (commonly known as "twilight sedation") or general anaesthesia. If you prefer this form of sedation, our dentists will refer you to the appropriate practitioner.



Important to know

- This page contains general information about dental anxiety. It cannot replace individualised advice from your dental practitioner. Please consult your dentist for specific recommendations about your oral health and necessary treatments.