



# The Clear Alternative to Braces

# WHAT IS INVISALIGN?

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Invisalign is the virtually invisible way to straighten teeth without braces.

#### How does it work?

Invisalign uses virtual imaging technology to depict how your teeth are going to move from their current position to the final desired position. From the 3D imagery a series of custom made 'aligners' are produced. Each aligner moves teeth incrementally and is worn for approximately 2 weeks, then replaced by the next in the series until the final position is achieved.

# Does it really work?

Yes. In both clinical research and in orthodontic and dental practices around the world, Invisalign has been proven effective at straightening teeth. Over 3 million patients with a wide variety of dental issues have been treated with Invisalign.

#### Does it work as well as normal braces?

Invisalign has proven as effective as traditional braces. However, Invisalign doesn't treat patients, dentists do. A general dentist or orthodontist decides how to treat a patient, be it Invisalign or traditional braces.

#### How long will it take?

The average treatment takes around 12-14 months. However, the length of treatment depends on the complexity of each patient's orthodontic issues and can only be determined by your dentist or orthodontist.

# How do I know if I'm suitable for Invisalign treatment?

Please contact the surgery on (07) 3399 6988 to book an initial consultation to check your suitability.

# Will wearing Invisalign affect my speech?

Aligners may temporarily affect your speech - you might have a slight lisp for a day or two. However, as your tongue gets used to having aligners in your mouth, any lisp or speech impediment caused by aligners should disappear. Your Invisalign dentist should be able to provide you with some tricks to help you adapt more quickly to wearing the aligners.

#### What is the minimum age that Invisalign can treat?

There isn't a minimum age for Invisalign treatment, but it is a requirement that the first premolar and first molar have erupted. This usually occurs between the ages of 12-14. It is best if you consult with your Invisalign practitioner to check suitability for Invisalign.

# What are the primary benefits of Invisalign?

Invisalign is nearly invisible — you can straighten your teeth without anyone knowing.

Invisalign is removable —you can eat and drink what you want in treatment; you can also brush and floss normally to maintain good oral hygiene.

Invisalign is comfortable — there are no metal brackets or wires to cause mouth irritation: no metal or wires also means you spend less time in the dentist's chair getting adjustments.

Invisalign's 3D modelling allows you to view your own virtual treatment plan before you start — this will give you an indication of what your teeth will look like when your treatment is complete.

# What are aligners made of?

Aligners are made of clear, strong medical grade non-toxic plastic that is virtually invisible when worn.

#### What do aligners look like?

Aligners are nearly invisible and look similar to clear tooth-whitening trays, but are custom-made for a better fit to move teeth.

#### How many patients are being treated with Invisalign?

Over 1.8 million patients worldwide have been treated with Invisalign and the number grows daily.

# Do orthodontists and dentists need special training in order to use Invisalign?

While Invisalign can be used with virtually any treatment philosophy, specific training is needed. All orthodontists and dentists interested in treating patients with Invisalign must attend training courses before they can treat a patient with Invisalign.

# How does Invisalign effectively move teeth?

Like brackets and arch wires, the Invisalign aligner moves teeth through the appropriate placement of controlled force on the teeth. The main difference is that Invisalign not only controls forces, but also controls the timing of the force application. At each stage, only certain teeth are allowed to move, and these movements are determined by the orthodontic treatment plan for that particular stage. This results in an efficient force delivery system.

# How do I get started?

We can help you book an initial consultation with a dentist to check your suitability for Invisalign. If suitable, impressions and photographs of your teeth will be taken and submitted along with a treatment plan for analysis. This will show the results predicted using Invisalign.







Call today for an appointment 3399 6988

